The Faith Rest Walk

**Introduction**

Just as Salvation is supernatural and provided by God’s Grace,
so living out the Christian Way of Life is supernatural, and provided by Grace.

Just as we were saved by Faith, we are to walk by Faith, Col 2:6; 2 Cor 5:7

**What is Faith**

Greek word: πιστεύω verb, “to believe” (In Greek, they are the same word)

πίστις noun form, “faith”

To regard as true, and to lean upon, to confide in, trust

A non meritorious system of perception, (we don’t do anything) where we
1) are provided information
2) come to determine it is true
3) decide to rely and trust the information, to entrust ourselves

*The merit of our faith is in the object, not the amount of our faith.*

**Background Passages to Heb 3-4**

Ex 17:1-7, No Water, They did not trust in God, place called Massah and Meribah
Massah – place of testing, Meribah – place of complaint

Num 13-14 Arriving at the Promised Land, failed to trust God
Sent into the wilderness for 40 years

Num 20 No Water again, waters of Meribah, sons of Israel contended with the Lord

Ps 95:6-11 Warning of David not to harden your hearts, as at Meribah,
in the day of Massah in the wilderness

**The Context of Hebrews**

The book of Hebrews is written to a group of Jewish believers who were being lured back into Judaism. The writer demonstrates the Superiority of Jesus Christ, and warns of the danger of falling back into the practices of trying to keep the Law.


Heb 3:1-6 The Superiority of Jesus Christ to Moses

The 2nd Warning Passage:
Heb 3:7-19 Canaan Rest, an example of failure Josh 22:4-6
**Heb 3  The Example of Failure by the Exodus Generation**

vs 7-11 Quote of Ps 95, where David warns his generation

vs 12  The Warning:  Take care, that there not be in you an unbelieving heart...

vs 13  But ______________ on another  (addressed to believers)

vs 16-19 The Exodus generation did not enter God’s Rest because of ________

**Heb 4  Promised Rest for the People of God**

vs 1 Warning:  "Therefore, let us fear lest while a promise remains
    of entering His rest, any one of you should seem to have come short of it."

vs 2  They failed because the good news was not mixed with faith

vs 3  To enter His Rest, ______________

vs 6-8  The promise of rest in David’s day, was not the Land Rest obtained through
    Joshua.  David spoke of another rest

vs 9  There remains a Sabbath rest for the people of God

vs 11  Therefore let us be ______________ to _________ that rest, so that on one
    will fall, through following the same example of disobedience.

**The Faith Rest Walk in Practice**

1) **Claim a promise from the Word.**
   This stabilizes our thinking, gets our minds off of the problem and onto God.

2) **Apply biblical principles that are relevant to the situation.**
   For example: God's character, God's Plan for our life, Examples from Scripture.

3) **Arrive at a divine viewpoint conclusion to meet the circumstances.**
   Example: Rom 8:28-32  Claim Promise:  vs 28
   Meditate through Plan of God:  vs 29-31
   Arrive at Divine View Pt. Conclusion:  vs 32

**Sample Promises:**

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